ESTO – European Specialist in Traditional Orchards PROCESSING & MARKETING	esto european specialist in traditional orchards Unit 7
Producing fruit juice	L 4

KNOWLEDGE

He/she is able to

- describe ingredients and nutritive value of fruits and fruit juice (from old varieties)
- give basic information about the composition of the juice
- explain the nutritional and dietary properties of fruit
- 4. explain changes of compounds while processing
- explain the impact of variety and harvest date on the quantity and quality of fruit juice
- determine the most important requirements on room, equipment and procedure necessary for juice production (mashing, squeezing, clarification, pasteurization)
- 7. explain methods and recipes of juice production
- determine the most important microorganisms for juice production
- explain the principles of microorganism-growth and -prevention
- describe the general techniques of juice conservation
- 11. explain hot filling technology
- 12. analyse the demands of labelling fruit juice

SKILLS

He/she is able to

- L. choose suitable fruit species and varieties for juice production
- 2. define the perfect harvesting date
- 3. discard unusable fruits
- choose the appropriate method and machines for fruit juice production
- 5. use machines correctly
- 6. apply given recipes and adapt them if necessary
- find further information about machines and equipment (research)
- 8. choose appropriate conservation methods

COMPETENCES

- He/she produces fruit juice autonomously and on own responsibility with a given or a varied recipe and method.
- 2. He/she selects and applies appropriate technology to fruit juice production.
- He/she autonomously realizes hazards in juice production and takes measures against these hazards if necessary.