Purpose of the participant report

This final report on your mobility experience will provide the EU's Erasmus+ programme with valuable information, which will benefit both future participants and contribute to the continued improvement of the programme. We are grateful for your co-operation in filling out the questionnaire.

All personal data mentioned in this form will be processed in accordance with Regulation (EC) No 45/2001 of the European Parliament and of the Council of 18 December 2000 on the protection of individuals with regard to the processing of personal data by the European Union institutions and bodies and on the free movement of such data. This report, once submitted, will be accessible to the coordinating institutions, their national agencies and the European Commission. More details in Specific Privacy statement.

Identification of the Participant and General Information

2.1 First and last name
See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

2.2 Mobility start date
The date on which your mobility activity started, provided for information only. Should this date be incorrect, please contact the person responsible for management of your mobility to correct this date.

2.3 Mobility end date
The date on which your mobility activity ended, provided for information only. Should this date be incorrect, please contact the person responsible for management of your mobility to correct this date.
2.4 Email address, where I can be contacted in the future
See section “Publication and Usage Rights of the Information and of the Email Address” at the end of this questionnaire concerning usage of the personal information.
Please correct the email address if necessary.

2.5 During which year of your studies did you go on Erasmus+ mobility?
- 1
- 2
- 3
- 4
- already graduated

2.6 What were your main motivations for carrying out a learning mobility period abroad?
Multiple answers are possible.
- Enhance my technical/professional skills/competences
- Opportunity to live abroad
- Opportunity to learn/improve a foreign language
- Opportunity to meet new people
- Opportunity to develop personal skills, such as adaptability
- Enhance my future employability in my home country
- Enhance my future employability abroad
- Opportunity to experience different learning practices
- Possibility to choose to do part of my studying/training in a foreign language

3 Quality of Studies/Training

3.1 Your receiving institution was...?
- a VET school/institute
- a company
- a mix between VET school/institute and company

3.2 How would you evaluate the quality of learning and teaching at the receiving organisation?

<table>
<thead>
<tr>
<th></th>
<th>Very good</th>
<th>Good</th>
<th>Fair</th>
<th>Poor</th>
<th>Very poor</th>
<th>Not applicable</th>
</tr>
</thead>
<tbody>
<tr>
<td>* The quality of content of training</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>* The quality of teaching methods</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

3.3 Please describe what you have done during your mobility period. Which new knowledge, skills and competences did you gain or improve?
3.4 What were the most important experiences during your mobility period? Please mention both positive and negative aspects.

3.5 Would you recommend your hosting organisation?
- Yes
- No

3.6 How would you evaluate the quality of support at your sending and receiving organisations?

<table>
<thead>
<tr>
<th></th>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
<th>Not applicable</th>
</tr>
</thead>
<tbody>
<tr>
<td>* I was given proper help to find a suitable hosting organisation</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>* The organisation where I was trained met my needs</td>
<td></td>
<td></td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>* I knew clearly what I was expected to do and learn during my training abroad</td>
<td></td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>* The training duration was long enough for me to fulfil my training objectives</td>
<td></td>
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<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>* The proposed activities were directly related to my training objectives in my home country</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>* I was provided with proper equipment</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
4 Foreign Language Skills and Linguistic Support

*4.1 What was the main language used during your mobility activity?

- Bulgarian
- Croatian
- Czech
- Danish
- Dutch
- English
- Estonian
- Finnish
- French
- German
- Greek
- Hungarian
- Irish
- Italian
- Latvian
- Lithuanian
- Maltese
- Polish
- Portuguese
- Romanian
- Slovak
- Slovenian
- Spanish
- Swedish
- Albanian
- Icelandic
- Letzebuergesch
- Macedonian
- Moldavian
- Montenegrin
- Norwegian
- Russian
- Serbian
- Turkish
*4.2 If other, please specify

*4.3 Do you feel you have improved your skills in this language during your stay abroad?
  - Yes
  - No, I was already fluent
  - No

*4.4 Did you take advantage of linguistic support in learning this main language?
  - Yes
  - No

*4.5 Approximately, for how many hours in total?
  - Less than 10 hours
  - Between 10 and 30 hours
  - Between 30 and 50 hours
  - More than 50 hours

*4.6 What kind of support did you receive?

Multiple answers are possible.

- [ ] Erasmus+ Online Linguistic Support (OLS)
- [ ] Language course/training provided by the sending institution/organisation
- [ ] Language course/training provided by the hosting institution/organisation
- [ ] Language course/training provided both by the sending and hosting institutions/organisations
- [ ] Financial support to carry out a self-study (DVD, books)
Other

* 4.7 Do you feel the Online Linguistic Support (OLS) course helped you to improve your language level?
- Yes
- No

* 4.8 Overall, how satisfied were you with the OLS experience?
- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

* 4.9 How satisfied are you with the OLS Assessment?
- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

* 4.10 Why didn't you take advantage of linguistic support?
- I did not ask for it
- I did not need it because my knowledge of the foreign language was adequate
- I did not have time
- The sending/receiving organisations did not provide it to me
- Other
- I did not need it as it is my mother-tongue

* 4.11 While staying abroad, did you improve your competence in other languages besides the main one used?
- Yes
- No

Which were those languages?

* 4.12 Language 1
- Bulgarian
- Croatian
- Czech
- Danish
- Dutch
- English
- Estonian
- Finnish
- French
- German
• Greek
• Hungarian
• Irish
• Italian
• Latvian
• Lithuanian
• Maltese
• Polish
• Portuguese
• Romanian
• Slovak
• Slovenian
• Spanish
• Swedish
• Albanian
• Icelandic
• Letzeburgesch
• Macedonian
• Moldavian
• Montenegrin
• Norwegian
• Russian
• Serbian
• Turkish
• Ukrainian
• Aragonese
• Basque
• Bosnian
• Breton
• Catalan
• Corsican
• Faroese
• Gaelic (Scots)
• Gallegan
• Limburgan; Limburger; Limburgish
• Norwegian Bokmæl
• Norwegian Nynorsk
• Sardinian
• Walloon
• Welsh
• Esperanto
• Interlingua
• Other

*4.13 If other, please specify
4.14 Language 2

- Bulgarian
- Croatian
- Czech
- Danish
- Dutch
- English
- Estonian
- Finnish
- French
- German
- Greek
- Hungarian
- Irish
- Italian
- Latvian
- Lithuanian
- Maltese
- Polish
- Portuguese
- Romanian
- Slovak
- Slovenian
- Spanish
- Swedish
- Albanian
- Icelandic
- Letzeburgesch
- Macedonian
- Moldavian
- Montenegrin
- Norwegian
- Russian
- Serbian
- Turkish
- Ukrainian
- Aragonese
- Basque
- Bosnian
- Breton
- Catalan
- Corsican
- Faroese
4.15 If other, please specify

5 Certification and Formal Recognition

5.1 Were the learning outcomes from your mobility period recognized?
The purpose of this question is for you to say what kind of “proof” of your learning abroad you have received. For example, did it count towards your school leaving certificate, did you get a certificate from hosting organisation, Europass, etc. This is specified in the Learning Agreement signed before your mobility started.
- Yes
- No

5.2 What type of certification did you receive?
Multiple answers are possible.
- ECVET credits
- Europass
- Recognition by home institution (requirements fulfilled towards acquiring school leaving certificate)
- Recognition at regional level (requirements fulfilled/ credits acquired in regional education system)
- Recognition at national level (requirements fulfilled/ credits acquired in national education system)
- Attendance certificate by host institution
- Work certificate
- Other

5.3 If other, please specify.

6 Personal Development
6.1 By participating in this Erasmus+ activity I believe I have developed the following competences:

<table>
<thead>
<tr>
<th>Competences in mathematics, science and technology</th>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>Digital competence (e.g. using the Internet, social media and PCs for my studies, work and personal activities)</td>
<td></td>
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<tr>
<td>Learning to learn (planning and carrying out my learning independently)</td>
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<tr>
<td>Social and civic competences (e.g. to appreciate the value of different cultures and better understand concepts such as democracy, justice, equality, citizenship and civil rights)</td>
<td></td>
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<tr>
<td>Sense of initiative and entrepreneur ship (e.g. how to develop an idea and put it into practice)</td>
<td></td>
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<tr>
<td>Cultural awareness and expression (e.g. expressing yourself creatively and better understanding arts and media)</td>
<td></td>
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</tr>
</tbody>
</table>

6.2 Through my participation in this activity I learned better how to...

<table>
<thead>
<tr>
<th>Think logically and draw conclusions (analytical skills)</th>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>Find solutions in difficult or challenging contexts (problem-solving skills)</td>
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<tr>
<td>Plan and organise tasks and activities</td>
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<tr>
<td>Cooperate in teams</td>
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</tbody>
</table>

6.3 After having taken part in this mobility activity...

<table>
<thead>
<tr>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>Statement</td>
<td>Strongly agree</td>
<td>Rather agree</td>
<td>Neither agree nor disagree</td>
<td>Rather disagree</td>
</tr>
<tr>
<td>--------------------------------------------------------------------------</td>
<td>----------------</td>
<td>--------------</td>
<td>-----------------------------</td>
<td>-----------------</td>
</tr>
<tr>
<td>*I improved my technical/professional skills/competences</td>
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<td></td>
</tr>
<tr>
<td>*I am more confident and convinced of my abilities</td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>*I know better my strengths and weaknesses</td>
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<tr>
<td>*I am more able to cooperate with people from other backgrounds and cultures</td>
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<tr>
<td>*I am more able to adapt to and act in new situations</td>
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<tr>
<td>*I am more able to think and analyse information critically</td>
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<tr>
<td>*I am more tolerant towards other persons' values and behaviour</td>
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<tr>
<td>*I am more open-minded and curious about new challenges</td>
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<tr>
<td>*I intend to participate more actively in social and political life of my community</td>
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<tr>
<td>*I am more interested in knowing what happens in the world daily</td>
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<tr>
<td>*I am more able to reach decisions</td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>*I am more interested in European topics</td>
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</tr>
</tbody>
</table>

7 Future Prospects of Education, Training and Work

7.1 Thanks to this mobility experience:

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>*I believe that my chances to get a new or better job have increased</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>*I have a clearer idea about my professional career aspirations and goals</td>
<td></td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>*I have better opportunities for internships or jobs in my home country</td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>
7.2 How has the stay abroad changed the way you see your future work?

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>I am better capable of taking over work tasks with high responsibility after my stay abroad</em></td>
<td></td>
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<tr>
<td><em>I can easily imagine working abroad at some point in the future</em></td>
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</tr>
<tr>
<td><em>I can easily imagine working in the country where I did my Erasmus+ period in the future</em></td>
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<tr>
<td><em>I would like to work in an international context</em></td>
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</tr>
</tbody>
</table>

8 Practical and Organisational Arrangements

8.1 Did you require a visa in order to participate in this mobility?

- Yes
- No
8.2 How satisfied were you with assistance related to visa issues?

<table>
<thead>
<tr>
<th></th>
<th>Very satisfied</th>
<th>Rather satisfied</th>
<th>Neither satisfied nor dissatisfied</th>
<th>Rather dissatisfied</th>
<th>Very dissatisfied</th>
<th>Not applicable</th>
</tr>
</thead>
<tbody>
<tr>
<td>* provided by the sending institution</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>* provided by the receiving institution</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>
8.3 How would you consider your degree of integration during your mobility experience?

<table>
<thead>
<tr>
<th></th>
<th>Very good</th>
<th>Good</th>
<th>Fair</th>
<th>Poor</th>
<th>Very poor</th>
<th>Not applicable</th>
</tr>
</thead>
<tbody>
<tr>
<td>* In the everyday life of the receiving institution</td>
<td></td>
<td></td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>* With local trainees or employees</td>
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<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>* With other Erasmus+ / international trainees</td>
<td></td>
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</tr>
</tbody>
</table>

8.4 How satisfied were you with the following aspects of your mobility?

<table>
<thead>
<tr>
<th></th>
<th>Very satisfied</th>
<th>Rather satisfied</th>
<th>Neither satisfied nor dissatisfied</th>
<th>Rather dissatisfied</th>
<th>Very dissatisfied</th>
</tr>
</thead>
<tbody>
<tr>
<td>* The length of the study/training period</td>
<td></td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>* Alignment of the courses/training abroad with the curriculum at the sending institution</td>
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<td></td>
<td></td>
</tr>
</tbody>
</table>

* 8.5 Did you have a mentor in the hosting organisation?
  - Yes
  - No

* 8.6 How satisfied were you with your mentor provided by the hosting organisation?
  - Very satisfied
  - Rather satisfied
  - Neither satisfied nor dissatisfied
  - Rather dissatisfied
  - Very dissatisfied

8.7 How satisfied are you with your accommodation and travel arrangements?

<table>
<thead>
<tr>
<th></th>
<th>Very satisfied</th>
<th>Rather satisfied</th>
<th>Neither satisfied nor dissatisfied</th>
<th>Rather dissatisfied</th>
<th>Very dissatisfied</th>
</tr>
</thead>
<tbody>
<tr>
<td>* Your accommodation</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>* Your travel arrangements</td>
<td></td>
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</tr>
</tbody>
</table>

* 8.8 In case you were dissatisfied with some of the practical and organisational arrangements offered by the sending and hosting organisations, please explain why.
9 Costs

*9.1 To what extent did the Erasmus+ grant cover your overall expenses related to your mobility period?

- 0-25%
- 26-50%
- 51-75%
- 76-100%
- I don’t know / I was not aware my sending organisation received and Erasmus+ grant for my mobility

*9.2 Did you receive any other sources of funding, in addition to the Erasmus+ grant?

Multiple answers are possible.

- State and/or regional grant(s)
- Grant from your sending institution
- Part-time job during your period abroad
- Other grants or loans
- Family
- Own savings
- Contribution from host organisation
- Other sources
- None

10 Conclusions, Personal Comments and Recommendations

10.1 How would you rate the support (dealing with questions, complaints or problems) you received by

<table>
<thead>
<tr>
<th></th>
<th>Very satisfied</th>
<th>Rather satisfied</th>
<th>Neither satisfied nor dissatisfied</th>
<th>Rather dissatisfied</th>
<th>Very dissatisfied</th>
</tr>
</thead>
<tbody>
<tr>
<td>*Your sending institution</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>*Your hosting institution</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>

*10.2 How satisfied are you with your Erasmus+ mobility experience in general?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied
10.3 If you wish, please give any additional information, observations, comments or recommendations that may be useful for future participants, projects as well as to the National Agency or the European Commission.

11 Publication and Usage Rights of the Information and of the Email Address

*11.1 I agree that (parts of) this report can be published and made available to the general public.
- Yes, with my name and email address
- Yes, but anonymised (no name and no email address)
- No

*11.2 I agree that my email address will be used later to contact me for further studies related to the content of this final report or regarding the Erasmus+ programme and EU issues.
- Yes
- No