1 Purpose of the Participant Report

This final report on your mobility experience will provide the EU's Erasmus+ programme with valuable information which will benefit both future participants and contribute to the continued improvement of the programme. We are grateful for your co-operation in filling out the questionnaire.

All personal data mentioned in this form will be processed in accordance with Regulation (EC) No 45/2001 of the European Parliament and of the Council of 18 December 2000 on the protection of individuals with regard to the processing of personal data by the European Union institutions and bodies and on the free movement of such data. This report, once submitted, will be accessible to the coordinating organisation, the National Agencies of the Erasmus+ Programme and the European Commission. More details in Specific Privacy statement.

2 Identification of the Participant and General Information

*2.1 First and last name
See section “Publication and Usage Rights of the Information and of the Email Address” at the end of this questionnaire concerning usage of the personal information.

2.2 Mobility start date
The date on which your mobility activity started, provided for information only. Should this date be incorrect, please contact the person responsible for management of your mobility to correct this date.

2.3 Mobility end date
The date on which your mobility activity ended, provided for information only. Should this date be incorrect, please contact the person responsible for management of your mobility to correct this date.
**2.4 Email address, where I can be contacted in the future**
See section “Publication and Usage Rights of the Information and of the Email Address” at the end of this questionnaire concerning usage of the personal information.

**2.5 Was this your first staff mobility period financed by the Erasmus+ or Lifelong Learning Programmes (LLP)?**
- Yes
- No

**2.6 Please indicate how many times you have been on staff mobility financed by Erasmus+ or LLP in the last four years**
- 2-5 times
- 6-10 times
- More than 10 times

**2.7 Did you sign a mobility agreement with your institution before the mobility?**
- Yes
- No

**2.8 What type of activity did you carry out?**
- Teaching/training assignment
- Work placement
- Job-shadowing/observation period

**2.9 Please describe what you have done during your mobility period. Which new knowledge, skills and competences did you gain or improve?**

**2.10 What were the most important experiences during your mobility period? Please mention both positive and negative aspects.**

**2.11 Was your activity linked to the needs and objectives of your home organisation?**
- Yes, well linked
- Yes, but not well linked
- No
2.12 What were your main motivations for doing a mobility period abroad?
Multiple answers are possible.
- To learn from good practice abroad
- To experiment and develop new learning practices and teaching methods
- To gain practical skills relevant for my current job and professional development
- To reinforce or extend my professional network
- To share my own knowledge and skills with learners and/or other persons
- To reinforce the cooperation with a partner institution/organisation
- To build cooperation with players in the labour market
- To create spin-off effects for the launch or development of new educational activities
- To increase my social, linguistic and/or cultural competences
- To increase my job satisfaction
- To make new contacts
- To increase my employment and career opportunities
- Other

3 Achievements and Impact

3.1 By participating in this Erasmus+ activity I believe I have developed the following competences:

<table>
<thead>
<tr>
<th>Competences</th>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>* Competences in mathematics, science and technology</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>* Digital competence</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>* Learning to learn</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>* Social and civic competences</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>* Sense of initiative and entrepreneurship</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>* Cultural awareness and expression</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>

3.2 What was the main language used during your mobility activity?
- Bulgarian
- Croatian
- Czech
- Danish
- Dutch
- English
- Estonian
- Finnish
- French
- German
- Greek
- Hungarian
- Irish
- Italian
- Latvian
- Lithuanian
- Maltese
- Polish
- Portuguese
- Romanian
- Slovak
- Slovenian
- Spanish
- Swedish
- Albanian
- Icelandic
- Letzeburgesch
- Macedonian
- Moldavian
- Montenegrin
- Norwegian
- Russian
- Serbian
- Turkish
- Ukrainian
- Aragonese
- Basque
- Bosnian
- Breton
- Catalan
- Corsican
- Faroese
- Gaelic (Scots)
- Gallegan
- Limburgan; Limburger; Limburgish
- Norwegian Bokmæl
- Norwegian Nynorsk
- Sardinian
- Walloon
- Welsh
- Esperanto
- Interlingua
- Other
3.3 If other, please specify  

3.4 Do you feel you have improved your skills in this language during your stay abroad?  
- Yes  
- No, I was already fluent  
- No  

3.5 I have followed a language course/training in the main language before or during the activity.  
- Yes  
- No  

3.6 As a consequence of my mobility period abroad, I have...

<table>
<thead>
<tr>
<th>Improved my career and employment opportunities</th>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>Become more motivated to carry on developing my professional skills</td>
<td></td>
<td></td>
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<tr>
<td>Learned from good practice abroad</td>
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<tr>
<td>Gained practical skills relevant for my current job and professional development</td>
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<tr>
<td>Improved my knowledge of the subject I am teaching and/or my professional field</td>
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<tr>
<td>Shared my own knowledge and skills with learners and peers</td>
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<tr>
<td>Been able to experiment and develop new learning practices and teaching methods</td>
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<tr>
<td>Built up new contacts/expand my professional network</td>
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<tr>
<td>Improved my knowledge of education systems in other countries</td>
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<tr>
<td>Improved my awareness of methods for assessing and giving credit for skills or competences acquired in formal and informal learning context</td>
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</tbody>
</table>
Become better aware of European funding mechanisms for projects in my field of education and training
3.7 Thanks to this mobility activity, I have also improved my:

<table>
<thead>
<tr>
<th>Skill</th>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>* Analytical skills</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
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<tr>
<td>* Practical skills (e.g. planning and organising, project management, etc.)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>* Organisational/management /leadership skills</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>* Teamwork abilities</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>* Emotional/personal skills (e.g. having more self-confidence, etc.)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
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</tbody>
</table>
3.8 I believe my participation in Erasmus+ had or will have the following impact on my sending institution:

<table>
<thead>
<tr>
<th>Impact Description</th>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Creating opportunities for me to share the knowledge acquired through my mobility activity with colleagues</em></td>
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<tr>
<td><em>Using new teaching/training methods, approaches and good practices at my sending institution</em></td>
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<tr>
<td><em>Introduction of new subjects or curricula at my sending institution</em></td>
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<tr>
<td><em>Creating opportunities for the launch or development of new educational activities such as curriculum development, development of joint courses or modules, academic networks, etc.</em></td>
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<tr>
<td><em>Reinforcing a positive attitude of my sending institution towards sending more staff on teaching assignments, job shadowing or training abroad</em></td>
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<tr>
<td><em>Improving the organisation and management at my sending institution</em></td>
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<tr>
<td><em>Strengthening the cooperation with the partner organisations in this project</em></td>
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<tr>
<td><em>Strengthening my sending institution's efforts to internationalise its activities</em></td>
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<tr>
<td><em>Strengthening my sending institution's cooperation with players in the labour market</em></td>
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<tr>
<td><em>Strengthening my sending institution's cooperation with players in the civil society</em></td>
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<tr>
<td><em>Starting or joining new European/international projects</em></td>
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</tbody>
</table>

4 Certification and Formal Recognition

4.1 Have you received formal recognition for satisfactorily completed activities of the programme (for example a certificate, diploma etc.)?

- Yes
* 4.2 What type of certification did you receive?
Multiple answers are possible.
- Course Specific Certificate
- Europass Mobility Document
- Recognition by home institution
- Recognition at national level
- Recognition at regional level
- Attendance certificate by host institution
- Work certificate
- Other

* 4.3 If other, please specify.

4.4 Will your mobility be acknowledged by your sending institution?
- Yes
- I don't know
- No

* 4.5 If yes, in what way will your mobility be acknowledged by your sending institution?
Multiple answers are possible.
- Informal recognition by the management
- Being assigned new roles or responsibilities
- Salary increase or bonus
- Other

5 Conclusions

* 5.1 How satisfied are you with your Erasmus+ mobility experience in general?
- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

* 5.2 Would you like to participate in other Erasmus+ activities in the future?
- Yes
- No
*5.3 Would you recommend this experience to a colleague?

- Yes
- No

*5.4 How do you plan to share your experience?

Multiple answers are possible.

- With a written report
- At staff meeting(s)
- At conference(s)
- At workshop(s) with colleagues
- In the media
- Other
- No plans to share

5.5 If you wish, please give any additional information, observations, comments or recommendations that may be useful for future projects as well as to the National Agency or the European Commission.

6 Publication and Usage Rights of the Information and of the Email Address

*6.1 I'm willing to help staff and students based on my on Erasmus+ experience. They can contact me at my email address.

- Yes
- No

*6.2 I agree that (parts of) this report can be published and made available to the general public.

- Yes, with my name and email address
- Yes, but anonymised (no name, no email address)
- No

*6.3 I agree that my email address will be used later to contact me for further studies related to the content of this final report or regarding the Erasmus+ programme or EU issues.

- Yes
- No