



Life Skills in der Zukunft

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Gina Ebner

Was ist EAEA?

- Wir arbeiten zu Erwachsenenbildung und lebenslangem Lernen
- Wir konzentrieren uns auf den nichtformellen Sektor
- Wir sind ein Verband mit 120 Mitgliedern in 43 Ländern, die mehr als 5000 Vereine vertreten und 40 – 60 Mio Erwachsene jährlich erreichen

Unsere Aufgaben

EAEA ist Stimme und Service der europ. Erwachsenenbildung

- Stimme: Vertretung der Zivilgesellschaft gegenüber den europ. Institutionen, Erhöhung der Sichtbarkeit der Erwachsenenbildung
- Service: Netzwerk, Projekte, Informationen, Konferenzen

Erwachsenenbildung heute: minus

- (Mit Ausnahme der nordischen Länder)
- Zu wenig Teilnahme (städtische gutgebildete Frau...)
- Nicht genug Finanzierung, Investition
- Zu wenig Anerkennung, besonders allgemeine Erwachsenenbildung
- In vielen Ländern ist die Infrastruktur sehr schwach
- In vielen Regionen kein adequates Angebot
- Tw veraltete Methoden und Ansätze (Bücher, Tests, ...)
- EB als 'Reparaturwerkstatt'
- Tw zu wenig Aus- und Weiterbildung der ErwachsenenbildnerInnen
- Eingeschränktes Verständnis, was EB ist und kann

Erwachsenenbildung heute: plus

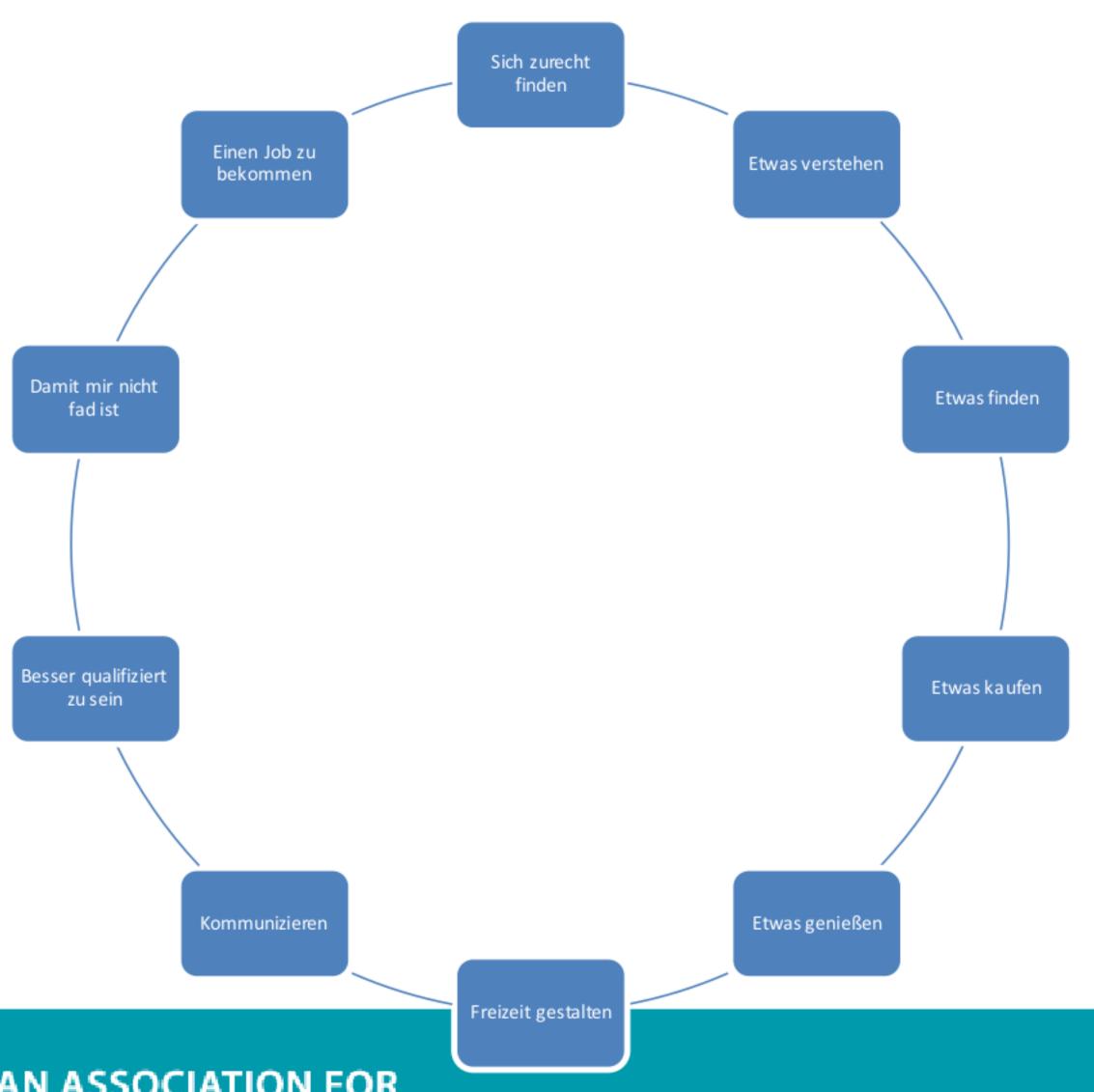
- Engagierte ErwachsenenbilnerInnen
- Transformatives Lernen
- Grundbildung anerkannt
- Notwendigkeit anerkannt
- 'Outreach'
- Stärkere Mitbestimmung (Zivilgesellschaft) und Zusammenarbeit / Partnerschaften
- Europa und peer learning
- Spannende Entwicklungen: Gaming etc
- Es gibt viel mehr Lernen als es erscheint

Informal

Nicht-formal

Formal

Wofür, warum, wozu?



Vorsicht, Bildung!

Immer und überall

Wir alle können gern und gut lernen

Trotzdem haben wir Lücken, Interesse.... Brauchen Hilfe, um unser Leben zu managen

LEBENSKOMPETENZEN

Erwachsenenbildung

Citizens' Curriculum

- The <u>Citizens' Curriculum</u> (UK) is an approach to adult learning provision for disadvantaged learners to ensure that everyone can improve their English, maths and other 'life skills' resulting in better progression, outcomes and aspirations into and at work, in learning and in personal, family and community life. The model promotes locally-led learning, involves learners in shaping its content and interlinks basic skills in English (or ESpOL), literacy, numeracy with digital, financial, health and civic capabilities.
- The crucial element of this program is interlinking as many of the skills and capabilities as are relevant in the context, and in the light of the learners' needs.
 The model, according to its flexibility in terms of content, can be adapted and used across neighbourhoods with different levels and types of needs, and in different delivery contexts.
- The approach of the Citizens' Curriculum puts learners at the centre and actively
 involves them in designing the content of the learning to meet their needs and
 interests. The flexibility of the model allows learning provisions to be tailored to
 reflect the local needs and circumstances. Interlinking of basic skills with wider
 skills and capabilities leads to positive outcomes for learners, including changes in
 their employability, improvements in their attitudes towards learning, increased
 social and civic engagement and improved self-efficacy as reported by evaluations
 of the pilots.

Was sind Life Skills?

- Life skills are building blocks of independence and self-efficacy.
 They are combinations of different capabilities that enable adults to become lifelong learners and to solve problems in order to live an independent life and participate in society. A life skills approach in adult learning can benefit individuals, organisations and communities, increasing participation in adult learning and contributing to building inclusive societies and sustainable environments.
- Previous research (Beer, 2013) of Learning and Work Institute (UK)
 has shown that "learning opportunities are more likely to engage
 and motivate adult learners if they are related to local needs,
 circumstances or a particular context" (Stevenson et al, 2016).

Unser Life Skills Modell

Literacy capabilities Understanding and creating written text - interacting with written information in daily life, at home, work and in the community Numeracy capabilities using these capabilities to participate in Recognizing, engaging with and using civic life numerical information in everyday life - using mathematics to solve problems, describe. explain and predict what will happen Digital capabilities Realisation of the Being familiar with a computer supported full potential and web-based environment and able to use digital tools, media and resources, Financial capabilities Empowerment e.g. to find information, solve practical Being able to manage money tasks, create digital content and and to use the information and products, and manage data - having a Active participation advice services that are required critical understanding of the nature. Benefits in society to effectively manage one's techniques and impact of media own finances messages **Environmental capabilities** Health capabilities Understanding the impact of daily Motivation Autonomy and self-efficacy Having the necessary knowledge actions on the environment (e.g. to engage and competences to take care of ways food is produced and in further one's own physical and mental consumed, energy, recycling, waste Knock-on effect on well-being and care for others learning reduction) - understanding the participants' communities knowing how to access and make concept of sustainable development and families use of healthcare services and how it connects environmental, understanding basic health social and economic elements information (e.g. medication, food packaging) Civic capabilities Personal and interpersonal Understanding how democracy works in practice, how to capabilities participate in democratic processes and be engaged in communities - understanding and respecting religious Self-management, self-esteem and empathy - being able to make decisions and cultural differences



and solve problems - being able to

with others across differences

communicate with others in a respectful

way, to manage conflicts and collaborate

SKILLS

Example: Denmark

3-07-2019

Life competence flower



Source: Danish Adult Education Association

Was Lernende sagen

"FOKUS has helped me to live in a healthy way both mentally and physical. At FOKUS I get the support and the tools to learn how to function as a person. I have enhanced my self-esteem and are learning how to relax in my own company"

(Learner at FOKUS, a day folk high school in Denmark)

"Now I'm not afraid to say – I mean even in work I will now say, no that's not good for me, I prefer this way or – I now – I'm not ashamed of who I am anymore and I will now speak up for myself whereas then I wouldn't...."

(Learner on RBLI LifeWorks programme, United Kingdom)

"I try to listen and hear that every single woman, recognize the potential in each of them, and at the same time take care for dialogue among them, and encourage them to be able to hear each other and to focus on the realization of a common goal. The group acts as one, as one image, because wherever they appear, they leave an impression as the group of 13 participants, each of them with her own impressions helping to make a story whole." / ... / "Participants are progressing on the personal level as well as a group. As a mentor, it's great to observe this gaining process, and I'm proud of them." / ... / "Study circles help to bring a good idea into life because nowadays it is not enough to have an idea, you need to know how to realize it as well in a community as a common goal."

(Mentor of a study circle, Slovenia)

Was Lernende sagen

"I became aware of how important it is to me to be in contact with others, to be a part of a community, even though I suffer from social anxiety." (Learner at Frederiksberg day folk high school, Denmark)

"We gather one great potential to show how one society can benefit and develop. A society which is tolerant, solidary, committed to sustainable development, which encompasses using new technologies, and at the same time, does not do any harm to the society and/or environment." (Learner in the study circle, Slovenia)

"In study circles people can in a beautiful way unite their so far unrealized dreams, transfer them using learning into reality, into interpersonal relationships, and also opportunities for the development of their local community and environment." (Mentor in study circles, Slovenia)

Und was ist mit der Gesellschaft? Und unserer Zukunft?

Gibt es eine Zukunft ohne Erwachsenenbildung?

Ziele für die nachhaltige Entwicklung

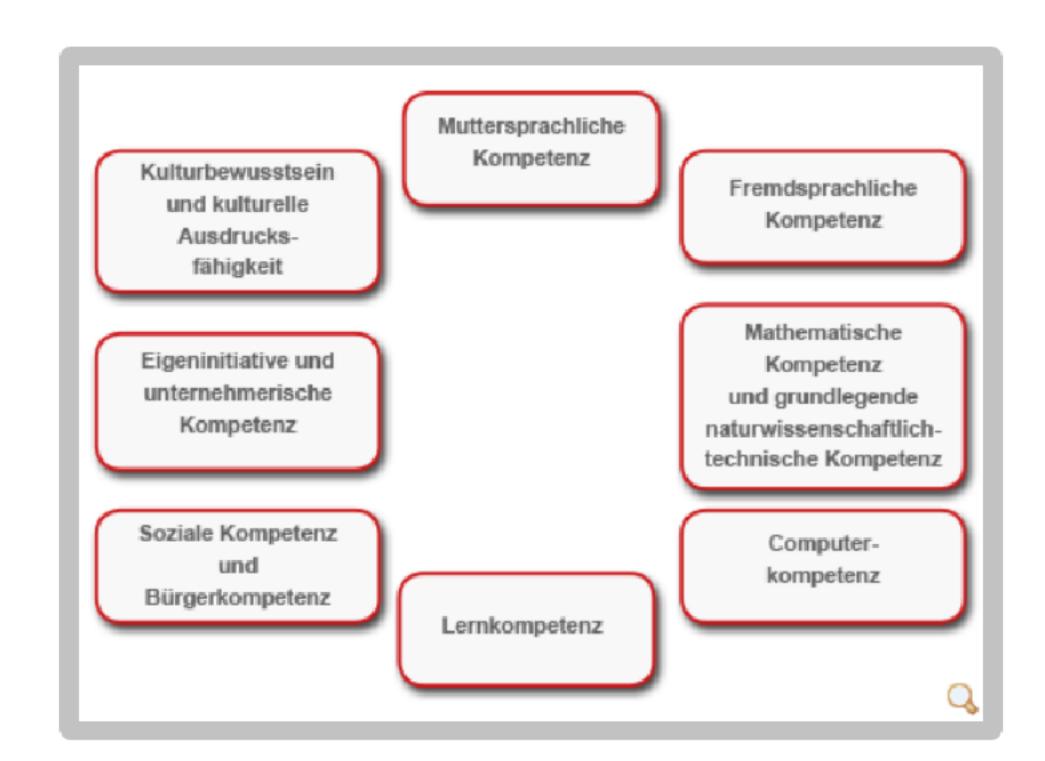




- Green transition
- Digital transition
- Resilienz

Ansätze auf EU Ebene

Schlüsselkompetenzen



Skills for Life

UNICEF (Basierend auf 4 UNESCO-Säulen der Bildung)



Manifesto for

Adult Learning in the 21st century



Active citizenship and democracy

People who participate in adult education participate more in society, by voting, volunteering or taking active roles in communities. Adult education is the tool for the development of critical thinking.



Health and well-being

Adult learners lead healthier lifestyles and experience improved well-being. Adult education contributes to personal development and fulfilment. The health of our societies depends upon lifelong learning.



Life skills for individuals

Adult education transforms lives. It opens new job opportunities, creates pathways to learning, activates people's artistic passions and builds new social networks.



Social cohesion, equity and equality

Adult education supports greater social mobility and equalizes societies. Adult learning brings together people from different walks and stages of life. This benefits democracy and social peace.



Employment and work

Workplace learning is one of the key drivers of adults' participation in lifelong learning. Adult education increases innovation and productivity of employees, entrepreneurs and volunteers—this makes companies more successful.



Digitalisation

Adult education helps to close the digital gap and provides individuals with digital competences, which are key to personal fulfilment, employment, social inclusion and active citizenship.



Migration & demographic change

Civic education and intercultural learning create inclusive societies and cultures. Seniors who learn are more active, work longer and stay healthier. Intergenerational learning enables older and the younger to profit from each other's knowledge.



Sustainability

Adult education provides competences, information, debating spaces and creativity to develop new approaches necessary for sustainable development. A paradigm shift is only possible through critical, conscious and innovative citizens.



European & international policies

Adult education contributes to main European and international strategies in the fields of growth, employment, innovation, equity, social cohesion, active citizenship, poverty reduction, climate change,

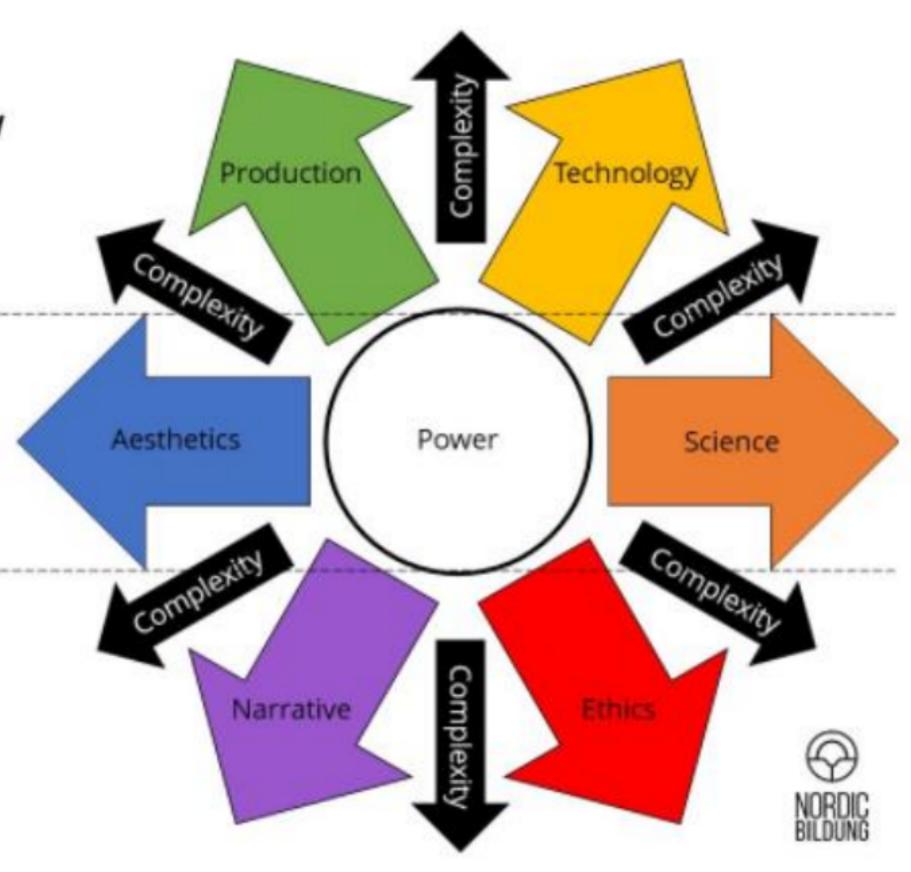
27.9.2021

"Bildung" (Lene Rachel Andersen)

What is physically possible here and now

What might be possible

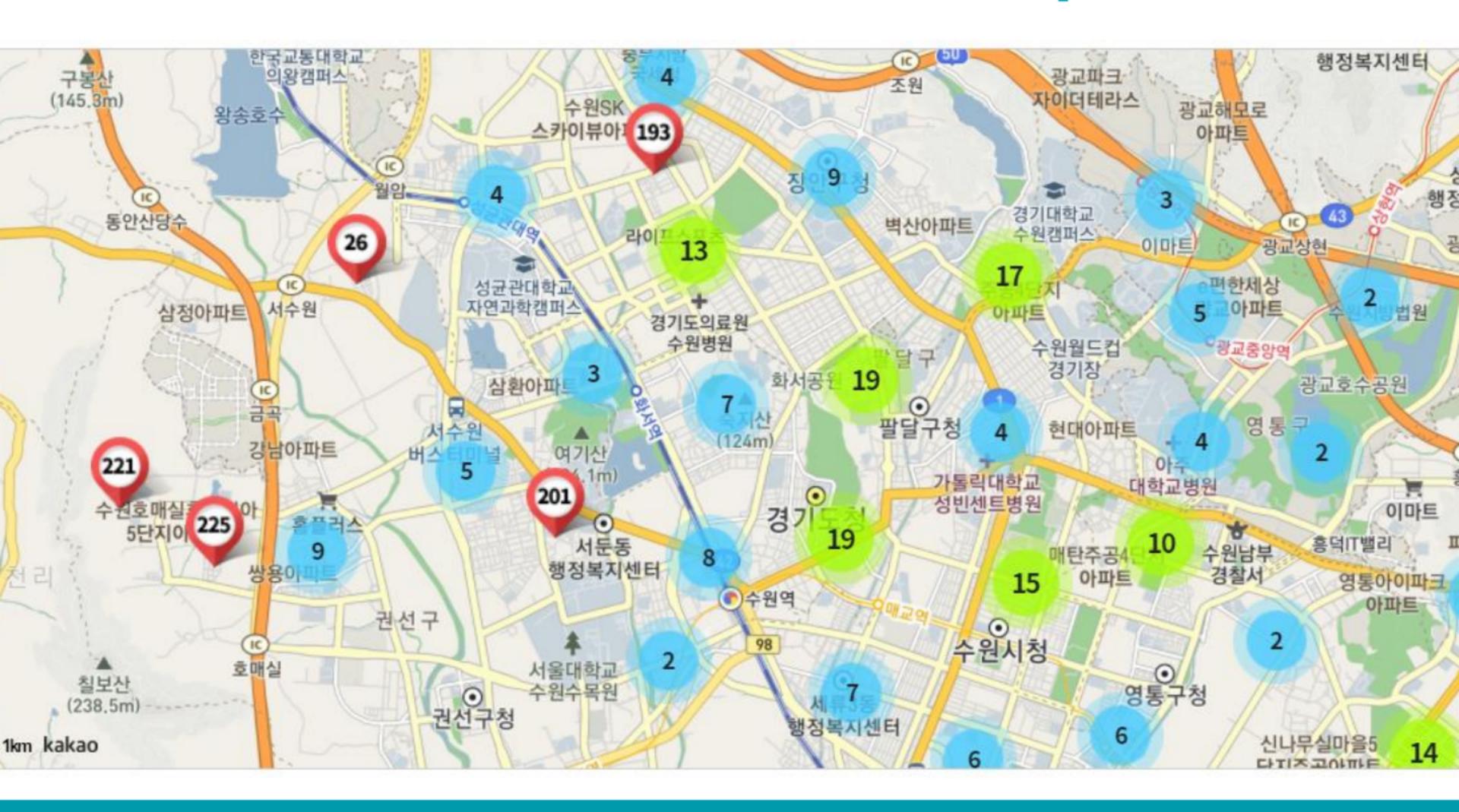
What ought to be



Umfassende Bildung und Zukunftsgestaltung durch Lebenskompetenzen



Korea – Zukunft für Europa?



Suwon – Lifelong Education Course

 Expand your understanding of yourself and the world, and develop basic stamina for a dignified life.

zB: slower life: Cultivate the ecological sensitivity of the earth and explore the ecological life of the city

- Special education: It connects personal and social needs along the life cycle
- Citizen-lead learning: We nurture and support independent learners who
 move on their own and learn from each other.

zB: Everyone's school: A school where everyone learns by sharing their experiences and knowledge; Learning club, study group, activity group, citizen planning group

 We build solidarity with various parts of the region and develop the learning capacity of the community.

Eine neue Säule

- Lernen zu verändern
- Für uns heißt das
 - Unser Leben
 - Unsere Familie
 - Unsere Nachbarschaft
 - Unsere Wirtschaft
 - Unser Konsumverhalten
 - Unsere Gesellschaft

Dafuer sollten wir voneinander Lernen, miteinander agieren, selbstbewusst auftreten ...





EUROPEAN ASSOCIATION FOR THE EDUCATION OF ADULTS

Thank you!