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> Project number: 191134-LLP-1-2010-1-IT-LEONAR DO-ECVET Agreement number:2010 - 4647





Im Projekt ICARE wurden Lernergebniseinheiten für verschiedene Qualifikationen aus dem Bereich Gesundheit/Pflege erarbeitet.

Exemplarisch wird an dieser Stelle zunächst die Qualifikation "Dental Assistant", die dem deutschen Ausbildungsberuf der/s Zahnmedizinischen Fachgestellten zugeordnet werden kann, in deutscher und englischer Textfassung aufgeführt.

Die weiteren Lernergebniseinheiten für die Qualifikationen "Care Operator", "Socio-Assistance Assistant", "Family Assistant/Caregiver" und "Baby Sitter" werden in englischer Sprache ebenfalls angefügt.

Informationen zu den Projektpartnern aus Italien, Polen, Rumänien und Deutschland sind im Anhang ebenfalls in englischer Sprache enthalten.

Weitere Informationen zum Projekt finden Sie unter <u>www.icareproject.eu</u>



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Zahnmedizinische Fachangestelle/r

Lernergebnis- Einheit	Lernergebnis	Kenntnisse	Fertigkeiten / Kompetenzen
Kommunikation mit Patienten: Von der Begrüßung bis zur Zahn-OP	Patienten begrüßen	 Er/sie kennt Techniken des aktiven Zuhörens. Er/sie weiß, wie man unterschiedlich auf Patienten eingeht (Senioren, Kinder, behinderte Menschen) Er/sie kennt die Regeln zu Gesundheit und Dentalhygiene Er/sie ist mit der Einstellung der verschiedenen Positionen des Behandlungsstuhls vertraut 	 Er/sie kann Patienten begrüßen Er/sie kann den Behandlungsstuhl so einstellen, dass der Patient bequem sitzt. Er/sie kann den Patienten bezüglich eines gesunden Lebensstils und der ordnungsgemäßen Dentalhygiene beraten.
	Dem Zahnarzt während der zahnärztlichen Untersuchung assistieren	 Er/sie kennt die verschiedenen Abläufe Er/sie weiß, wie man während der Behandlung auf Patienten eingeht Er/sie kennt die Ausstattung mit Geräten. 	 Er/sie kann die Arbeitsgeräte ordnungsgemäß benutzen Er/sie kann Beziehung zum Patienten aufbauen Er/sie kann den Anweisungen des Zahnarztes korrekt folgen.
	Terminvergaben machen	 Er/sie kennt die Software 	 Er/sie kann die Patientenkarten lesen Er/sie kann die richtige Zeitspanne für die benötigte Behandlung planen Er/sie kann mit dem Computer umgehen.
Büroorganisation	Patientenakten kontrollieren und aktualisieren	 Er/sie weiß, wie man archiviert (auch mit dem Computer) Er/sie kennt die Regelungen zum Datenschutz 	 Er/sie kann sorgfältig arbeiten (auch wenn es administrative Belange betrifft) Er/sie kann handelt vertraulich und moralisch, respektiert die einschlägigen Regelungen
in der Praxis	Kontakt halten mit Lieferanten und Externen	 Er/sie kennt die Materialien, deren Anwendung und Lagerung. Er/sie kennt die Werkzeuge und Instrumente, er/sie weiß, wie diese eingesetzt werden. 	 Er/sie kann mit Menschen verhandeln. Er/sie kann eine Bestellung ausführen. Er/sie kann eine mögliche Zusammenarbeit mit Externen planen Er/sie kann technische Probleme an der Ausstattung benennen.
	Tägliche Verwaltungstätigkeiten ausführen (auch mithilfe von Informationstechnologie)	 Er/sie kennt die Arten der Instrumente. Er/sie kennt die administrativen Abläufe. Er/sie weiß, wie man die Hauptdokumente der zahnärztichen Behandlung ausfüllt. 	 Er/sie kann gebräuchliche Büromaschinen bedienen (Fax, PC,)



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Zahnmedizinische Fachangestelle/r

Lernergebnis-Einheit Lernergebnis	Kenntnisse	Fertigkeiten / Kompetenzen
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Assistenz am Behandlungsstuhl: Vorbereitung und Durchführung der Behandlung, Reinigung des Platzes und der benutzten	Den zahnärztlichen Behandlungsplatz vorbereiten	 Er/sie kennt die verschiedenen Arten von Instrumenten und Materialien Er/sie kennt die verschiedenen zahnärztlichen Behandlungen Er/sie die medizinische Situation des Patienten. Er/sie kennt die Art und Weise der Assistenz Er/sie kennt Elemente von Hygiene und Sicherheit 	 Er/sie kann je nach Art der zahnärztlichen Behandlung die richtigen Werkzeuge vorbereiten. Er/sie kann den eigenen Arbeitsplatz organisieren und auch den des Zahnarztes Er/sie kann Räume unter Sicherheits- und Hygienebedingungen halten gemäß den relevanten Regelungen
Werkzeuge	Benutzung, Vorbereitung und Lagerung von zahnärztlichen Materialien	 Er/sie kennt die zahnärztlichen Materialien Er/sie kennt die Werkzeuge 	 Er/sie kann die richtigen Materialien f ür die zahn ärztlichen Behandlungen vorbereiten. Er/sie kann Instrumente ordnungsgem äß gebrauchen.
	Aufräumen, Reinigung, Desinfektion, Sterilisation und Vorbereitung von Werkzeugen, Ausstattung und Arbeitsbereich	 Er/sie kennt die wesentlichen Gesundheits- und Hygienebedingungen bezogen auf die benutzten Instrumente Er/sie kennt Desinfektions- und Sterilisationstechniken Er/sie kennt Elemente der Hygiene 	 Er/sie kann unter Sicherheits- und Hygienebedingungen arbeiten. Er/sie kann Gesundheit und Hygiene überprüfen, (gemäß den Richtlinien) Er/sie kann mit der Sterilisationsausstattung umgehen. Er/sie kennt Techniken zur Desinfektion von Instrumenten Er/sie kann ordnungsgemäß mit Desinfektionsprodukten umgehen



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Dental Assistant

Unit of Learning	-	Knowledge	Skills/Attitude
Outcome	Outcome		
Communicating with patients: from	Welcoming patients	 He/she knows techniques of active listening He/she knows different ways of approaching according to patients (elderlies, children, disabled people) He/she knows the practices for health and dental hygiene He/she knows chair positioning 	 He/she can welcome patients He/she can adjust the chair for maximum patient comfort He/she can advise the patient adopting a healthy lifestyle and proper dental hygiene practices
welcoming to dental operation	Assisting the dentist during the dental procedures	 He/she knows type of procedure He/she knows ways of relating with patients during the procedure He/she knows equipment 	 He/she can use working tools properly He/she can manage relations with patients He/she can follow the dentist's indications correctly
	Handling appointment booking	 He/she knows software 	 He/she can read patients charts He/she can find right times for the procedure required He/she can use computers
Administrative organization of the	Controlling and updating patients files	 He/she knows how to organise archives (also using computers) He/she knows privacy regulations 	 He/she can operate carefully (also as far as administrative matters are concerned) He/she can manage his/her activity confidentially and ethically, respecting relative regulations
organization of the office	Keeping contacts with suppliers and external co- operators	 He/she knows materials, their handling and storage He/she knows tools, instruments and how to use them 	 He/she can relate with people He/she can handle an order He/she can organise the planning for co- operations He/she can pick out technical problems of the equipment
	Handling daily administrative activities (also using information technology)	 He/she knows types of instruments He/she knows administrative techniques He/she knows ways of filing the main documents in a dental surgery 	 He/she can use common office equipment (fax, personal computer)



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Improving Mobility and Career Paths for Personal Care and Social Workers

Unit of Learning Outcome	Learning Outcome	Knowledge	Skills/Attitude
Assistance to the dentist: preparation and implementation of the operation, tidying up of the area and of the tools used	Handling, preparing and storing	 Me/she knows panelin medical situation He/she knows type of assistance He/she knows elements of hygiene and safety He/she knows dental materials He/she knows tools 	 He/she can prepare the right tools according to dental treatments He/she can organise one's workplace and the dentist's office He/she can keep the rooms under safety and hygiene conditions according to the relevant regulations He/she can prepare the right materials according to dental treatments He/she can use instruments properly
	Tidying, cleaning, disinfecting, sterilising and preparing tools, equipment and working environment	 He/she knows main health and hygiene conditions required according to used instruments He/she knows disinfection and sterilisation techniques He/she knows elements of hygiene 	 He/she can Operate under safety and hygiene conditions He/she can verify health and hygiene conditions (in conformity with regulations) He/she can use sterilisation supplies He/she knows techniques of tools disinfection He/she knows correct use of disinfection products



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Care Operator

Unit of Learning	Learning Outcome	Knowledge	Skills/Attitude
		• He/she knows team- working: dynamics, roles, functions	 He/she can work in team He/she can recognize and respect different roles
	Working in team	 He/she knows structure and dynamics of the organization system in which he/she works 	 He/she can recognise the organisational context of services
	Handling and	•	 He/she can cooperate to define procedures
	understanding file, charts, and	He/she knows the main instruments and communication tools in different operative contexts and their use	and protocols related to his/her tasks of caregiving, housekeeping and health-hygienic interventions
	forms to record what is observed		 He/she can work according to his/her competencies and respecting procedures and protocols defined by the working team
Carrying out the care	during the service		
operator role within the		 He/she knows the main tools for quality monitoring and evaluation 	 He/she can cooperate to define care projects and to verify their results
and service and	Cooperating to verify the quality of the service		 He/she can cooperate to verify the properness and quality of services
caring staff		 He/she knows basics of information technology 	 He/she can carry out basic computer operations
	Using common computer tools		 He/she can use the software at a basic level under specific training
		 He/she knows the regulations about communication/ information 	 He/she can manage his/her activities confidentially and ethically
	Carrying out the working activities respecting privacy regulations		 He/she can identify the ways of upgrading his/her knowledge through self-training and refresher courses
			 He/she can recognise and apply safety regulations at work to protect his/her health and the patient's health
	Cooperating for the realisation of training of support operators and for their evaluation		 He/she can assist the student during the training period and transmit knowledge He/she can give an evaluation of the student assisted in the training



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Unit of Learning	Learning Outcome	Knowledge	Skills/Attitude
	Recognising services and their functions on the territory	 He/she knows the welfare network He/she knows elements of social and health laws (national and regional) 	 He/she can identify the organisation of social and health services and the one of informal networks He/she can involve informal networks, can relate to social, health, socio-sanitary, recreational, cultural structures on the territory (operate and cooperate)
Carrying out the care operator role within the welfare network	client about services	 He/she knows the welfare network He/she knows elements of social and health laws (national and regional) 	He/she can carry out specific activities to counsel the client and the family about the services on the territory
	Supporting the client and the family to get access to services		 He/she can accompany the patient to get access to services He/she can handle simple bureaucratic procedures
Indirect assistance through activities of	Using techniques of domestic	 He/she knows He/she knows elements of environmental hygiene at home and in facilities He/she knows elements of home economics He/she knows elements of home economics He/she knows and food hygiene 	 LEVEL 1 He/she can operate and cooperate with the patient and the family for the housekeeping and the maintenance of the living space He/she can operate to maintain environmental hygiene He/she can cooperate with the patient and the family for the hygiene and change of personal and bed linen, for purchases He/she can operate and cooperate with the patient and the family in assisting during the preparation of meals, also following particular dietetic prescriptions

and comfort of the environment ...

LEVEL 2

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- He/she knows elements of personal hygiene
- He/she knows elements of environmental hygiene in in structures and hospitals

LEVEL 2

- He/she can apply techniques of environmental hygiene
- He/she can carry out a correct body hygiene to the patient
- He/she can carry out correct procedures of environmental hygiene in facilities and hospitals
- He/she can carry out checks and verify the effectiveness of the practices of environmental hygiene



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Unit of Learning	Learning Outcome	Knowledge	Skills/Attitude
	Using techniques to ensure a patient's safety reducing at maximum risks	environment	 He/she can identify living habits and risking/dangerous conditions for the patient
		LEVEL 1	LEVEL 1
Indirect assistance through activities of housekeeping, hygiene and comfort of the environment	Using techniques of environment sanification	sanitization products LEVEL 2 • He/she knows elements of environmental hygiene in	 He/she can handle procedures for the sanification and sanifization of the environment He/she can clean and cleanse the environment He/she can carry out checks and verify the effectiveness of the practices of environment sanification and sanitisation LEVEL 2 He/she can carry out all the steps of cleaning, cleansing, disinfection and prepare the material to be sherilised and the steps of cleaning.
		 facilities and hospitals He/she knows modalities of using sterilisation products 	 be sterilised and its storage He/she can carry out all the operations to prepare a sterile field
	Using techniques of hotel intervention	 He/she knows elements of environmental hygiene and prophylaxis He/she knows elements of food hygiene 	 He/she can prepare the environment for meals and cooperate to food distribution He/she can supply and change linen, can transport and dispose dirty or infected linen
	Using techniques to make beds	 He/she knows different types of bed 	 He/she can make beds (free or occupied beds, stretchers, cradles)
	Applying techniques to organise, use and eliminate materials	 He/she knows ways of disposing materials 	 He/she can use material resources respecting the cost-effectiveness criteria He/she can guarantee adequate supplies, can promptly inform about damages occurred, can express opinions about the effectiveness of the use of resources He/she can handle the preparation of materials to be eliminated/recycled He/she can guarantee the collection and storage of different types of waste according to established protocols in relation to the operational context



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Unit of Learning	Learning Outcome	Knowledge	Skills/Attitude
	Using techniques to assist a patient	 He/she knows the basics of caregiving 	 He/she can involve the patient, the family and other figures as resources in the care within the living context
	in daily activities in order to satisfy the basic needs and according to the type of client	 He/she knows elements of physiological anatomy, physical, psychic and sensorial pathology He/she knows psycho-relational aspects and caring interventions according to the person 	 He/she can identify the different stages of drawing up a project of personal assistance He/she can recognise, in different contexts, the proper relationship dynamics in order to relate with a suffering patient

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Direct assistance to the patient He/she can recognise environmental situations and a patient's conditions for which it is necessary to apply different technical competences

He/she can identify, through observation, the most common symptoms and signs which indicate variations in a patient's clinical conditions (pallor, sweating, agitation and confusion), risking situations (reddening of skin, total or partial refusal of food, self-harm behaviours, harmful behaviours) to inform the professional operators

He/she can recognise the ways of collecting, reporting and communicating general and specific problems of a patient

He/she can recognise the conditions of risk and the most common syndromes due to prolonged bed rest and immobilisation

He/she can make simple interventions regarding health

		education for patients and their families



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Unit of Learning	Learning Outcome	Knowledge	Skills/Attitude
	Assisting a patient in his/her physiological functions	 LEVEL 1 He/she knows the basics of caregiving He/she has a basic knowledge of elements of caregiving (feeding, movement, hygiene) He/she knows elements of physiological anatomy, physical, psychic and sensorial pathology 	 LEVEL 1 He/she can handle the hygienic care of the patient (partial and total), the change of clothing and of absorbing surfaces He/she can cut nails of hands and feet He/she can help the patient have meals according to dietetic indications and report any discrepancies He/she can help the patient for natural output of feces and urine He/she can monitor the collection bag of urine output He/she can help the patient to get proper temperature control and right positioning for proper breathing and blood circulation
Direct assistance to the patient	Assisting a patient	LEVEL 2 • He/she has a deep knowledge of caregiving (feeding, movement, hygiene) • He/she knows elements of mobilisation • He/she knows elements of basic c are giving (movement)	 LEVEL 2 He/she can carry out the change of the stoma bag (definitive or temporary) He/she can change the urine collecting bag He/she can help the patient walk and change postures He/she can apply procedures to make the patient learn and maintain correct postures
	Assisting a patient to use correctly devices, aids and equipment	devices aids and prosthesis	 He/she can operate to support a non-self- sufficient person in his/her daily life activities also using aids and devices under indication of health operators
	Assisting a patient in activities aimed at maintaining the residual psycho-physical capabilities, re- education and functional recovery	 He/she knows the basics of diagnostics, therapy and rehabilitation 	 He/she can carry on activities aimed at the reactivation of the functionalities defined in the person's care plan He/she can carry on the entertainment activities that promote socialisation, recovery and maintenance of manual and cognitive skills, as per the person's care project



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Unit of Learning	Learning Outcome	Knowledge	Skills/Attitude
		 LEVEL 1 He/she knows elements of pharmacology (ways of administration, elimination, storage only as far as it is required by the involved skills) LEVEL 2 He/she knows the basics of 	LEVEL 1 He/she can cooperate to ensure the correct taking of drugs according to medical prescriptions LEVEL 2
	Using techniques to assist a patient with medical and therapeutic	 diagnostics, therapy and rehabilitation He/she knows elements of physiological anatomy, physical, psychic and sensorial applied pathology 	 He/she can cooperate in the diagnostic activity only as regards the collection of biological material samples, which are excreted naturally He/she can transport biological, sanitary, supplying materials according to established protocols and withdraw reports
Direct assistance to	prescriptions		 He/she can cooperate in therapeutic activities also using simple medical devices, administrating medicines enterally or by aerosol, giving eye or ear drops, putting ointments or transdermal preparations, changing simple wound dressings He/she can cooperate during first aid
patient			 operations and call professional health operators He/she can cooperate in monitoring the infusion therapy, notifying particular signs of pouring off indicating that the bottles need to be transferred or replaced
	Using techniques to	 He/she knows elements of physiological anatomy, physical, psychic and 	He/she can properly observe patient's health condition
	observe signs and symptoms of variations of a patient's physic al conditions and the rising of situations of risk	sensorial pathology	 He/she can identify and report risking situations He/she can verify the vital parameters and use the reflectometer to get glycaemia levels
	Using techniques to take care of corpse	 He/she knows techniques and procedures to take care of the corpse 	 He/she can apply techniques for the hygiene of the corpse He/she can take care of the corpse and carry out the transport



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Unit of Learning	Learning Outcome	Knowledge	Skills/Attitude
Direct assistance to the patient		 He/she knows the criteria to assess the state of consciousness He/she knows the patient positioning techniques 	 He/she can correctly apply techniques of mouth-to-mouth breathing or mouth-to-mask breathing He/she can use the automated external defibrillator (EAD) He/she can perform the external cardiac massage (ECM)
	Managing the relationship with a patient	 He/she knows strategies and techniques of a relationship with a patient 	 He/she can support the patient with empathy He/she can handle conflicts within the assigned tasks He/she can recognize the relationship dynamics according to the characteristics of the person
Communic ating	Respecting the individual's self-determination		 He/she can recognize the general conditions of the patient (psycho-physical, social) He/she can recognise the persons who are important to the patient He/she can foster the patient's autonomy
and relating with the patient and the household together with the caring staff	Applying techniques of welcoming, presenting and informing about role and service		 He/she can welcome the patient and his family, can counsel and foster their access to services, can promptly inform about services and resources He/she can ask for and organise events of socialisation, providing support for the participation in cultural and recreational activities at home or on the territory
	Using techniques to involve a patient and his/her family in realizing the assistance service in daily life context	 He/she knows theories and techniques of verbal and non- verbal communication He/she knows techniques to communicate properly with different types of clients 	 He/she can relate with patients and family, communicating empathically in all activities of daily living assistance, can reply thoroughly involving and stimulating the dialogue acting diplomatically He/she can operate using communication methods according to different cultural contexts, to different situations of care and in case of decrease of the patient's communication skills (aphasia, hearing loss, cognitive deficits, altered sensorium)



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Socio-Assistance Assistant

Unit of	Learning	Knowledge	Skills/Attitude
Learning	Outcome	Kilowicuge	
	Carrying out the assistance operator role within different operative contexts	 He/she knows structure and dynamics of the organisation system in which he/she works He/she knows the main aspects of professional ethics He/she knows his/her role and relational implications 	 He/she can prefigure the expectations of his/her own role He/she can act according to the assigned tasks He/she can relate with the clients and the organisation respecting roles and functions He/she can apply and recognise the basics of professional ethics
	Working in team	 He/she knows team-working: dynamics, roles, functions 	 He/she can work in team
Carrying out the assistance operator role within the organisation structure and service co- operating with the caring staff	Handling and understanding file, charts, and forms to record what is observed during the service	socio-sumary nera (arawing op or	 He/she can cooperate to define procedures and protocols related to his/her tasks He/she can work according to his/her competencies and respecting the procedures and protocols defined He/she can cooperate to define care projects and to verify their results
	Assistance Plan Cooperating to verify the quality of the service	 He/she knows the main tools for quality monitoring and evaluation 	 He/she can give information to verify care projects and their results He/she can identify his/her needs of training regarding his/her professional profile and tasks in a pro-active way
	Using common computer tools	 He/she knows basic software (spread sheet, word-processing, e-mail, Internet) 	 He/she can carry out basic computer operations He/she can use the main functions of Windows He/she can use the software at a basic level under specific training



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Unit of Learning	Learning Outcome	Knowledge	Skills/Attitude
Carrying out the assistance operator role within the	Carrying out the working activities respecting privacy regulations	 He/she knows the main aspects of professional ethics He/she knows privacy regulations 	 He/she can manage his/her activities confidentially and ethically, respecting relative regulations
organization structure and service co- operating with the caring staff	Carrying out the working activities respecting safety regulations	 He/she knows safety regulations 	 He/she can identify the environmental situations of risk for his/her health and for the patient's health He/she can use devices and aids necessary to properly protect his/her health and the patient's health
Carrying out the assistance operator role	Knowing the organisational, institutional and informal contexts of sanitary network	 He/she knows the welfare network 	 He/she can identify the appropriate references according to the situation and can interact with them He/she can involve informal networks, can relate to social, health, socio-sanitary, recreational, cultural structures on the territory
within the welfare network	Informing the assisted person about available services	 He/she knows the welfare network 	 He/she can carry out specific activities to counsel the patient, the family and other caregivers about the services on the territory
	Supporting the patient, the family and other people who work as assistants to get access to services	 He/she knows the main procedures for sanitary and social bureaucratic practices 	 He/she can accompany the patient to get access to services He/she can handle simple bureaucratic procedures related to services
Direct assistance: help in domestic activities, hygiene and comfort of the home environment	Using techniques of domestic intervention	 LEVEL 1 He/she knows elements of environmental hygiene at home and in facilities He/she knows elements of home economics He/she knows elements of dietetics and food hygiene 	 LEVEL 1 He/she can operate and cooperate with the patient and the family for the housekeeping and the maintenance of the living space He/she can operate to maintain environmental hygiene He/she can cooperate with the patient and the family for the hygiene and change of personal and bed linen, for purchases He/she can operate and cooperate with the patient and the family in assisting during the preparation of meals, also following particular dietetic prescriptions



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Unit of Learning	Learning Outcome	Knowledge	Skills/Attitude
	Managing emergencies	 He/she knows safety and protection general rules 	 He/she can identify situations of risk to the safety of the person He/she can react promptly to reduce the risk He/she can enable the involvement of professional actors
	Using techniques of environment sanification	 LEVEL 1 He/she knows elements of environmental hygiene and prophylaxis He/she knows elements of domestic hygiene He/she knows how to use hygienic, sanification and 	 LEVEL 1 He/she can clean and cleanse the environment He/she can handle procedures for the sanification and sanifisation of the environment He/she can carry out checks and verify the effectiveness of the practices of environment sanification and sanifisation
Direct assistance: help in domestic activities, hygiene and comfort of the home environment	Using techniques to prepare beds and to tidy up the living	 He/she knows elements of home economics He/she knows elements of food He/she knows the different types of bed 	 He/she can prepare the environment for meals and cooperate to food distribution He/she can supply and change linen He/she can make beds and tidy up the home environment
	Applying techniques to organise, use and eliminate material	He/she knows how to eliminate materials	 He/she can cooperate in using material resources respecting the cost-effectiveness criteria He/she can guarantee adequate supplies, can promptly inform about damages occurred, can express opinions about the effectiveness of the use of resources He/she can handle the preparation of material to be eliminated/recycled He/she can guarantee the collection and storage of different types of waste according to established protocols in relation to the operational context



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Unit of Learning	Learning Outcome	Knowledge	Skills/Attitude
Patient direct assistance	Using techniques to assist a patient in daily activities according to needs and type of patient		 He/she can involve the patient, the family and other figures in the care within the living context He/she can identify the different stages of drawing up a project of personal assistance He/she can recognise the relationship dynamics according to the characteristics of the person He/she can observe the patient and the environment He/she can recognise the key signs/symptoms of discomfort He/she can recognise the conditions of risk and the most common syndromes due to prolonged bed rest and immobilization He/she can report data to professional operators He/she can make simple interventions regarding health education for patients and their families He/she can handle errands and bureaucratic procedures
	Using techniques to assist a patient	maximizer and expression with a larger	 LEVEL 1 He/she can handle the hygienic care of the patient (partial and total), the change of clothing and of absorbing surfaces He/she can cut nails of hands and feet He/she can help the patient have meals according to dietetic indications and report any discrepancies He/she can help the patient for natural output of feces and urine He/she can monitor the collection bag of urine output He/she can help the patient to get proper temperature control and right positioning for proper breathing and blood circulation



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Unit of Learning	Learning Outcome	Knowledge	Skills/Attitude
	Using techniques to assist a patient in ambulating and in finding right positioning	 He/she knows elements of diagnostics, therapy and rehabilitation He/she knows elements of rehabilitation and mobilisation 	 He/she can cooperate to help the patient walk and change postures He/she can apply procedures to make the patient learn and maintain correct postures and the positioning and mobilisation of non- self-sufficient persons
	Applying techniques to assist a patient with devices, aids, equipment		 He/she can cooperate to support the non-self- sufficient person in his/her daily life activities also using aids and devices under indication of he alth operators
Fullent allect	Using techniques to assist a patient	LEVEL 1	LEVEL 1
assistance	with medical and	 He/she knows elements of pharmacology (natural ways of 	He/she can cooperate to ensure the correct
	therapeutic prescriptions	taking drugs, storage conditions)	taking of drugs according to medical prescriptions
	Using techniques to assist a patient with the activities	elements of rehabilitation	 He/she can cooperate to carry on activities aimed at the reactivation of the functionalities defined in the person's care plan
	aiming to maintain the residual psychological and physical capabilities, rehabilitation and		 He/she can cooperate to carry on the entertainment activities that promote socialisation, recovery and maintenance of manual and cognitive skills, as per the person's care project
	functional recovery		 He/she can cooperate to carry out friction and direct massage to prevent pressure sores
	Cooperating in taking care of	 He/she knows elements of physiological anatomy, physical, psychic and 	 He/she can apply techniques for the hygiene of the corpse
	corpse, in absence of professional operators	sensorial pathology	 He/she c an take care of the corpse and manage the transfer of the corpse
Communicating and relating with	Managing the	 He/she knows theories and techniques of verbal and non- verbal communication 	 He/she can support the patient with empathy He/she can handle conflicts within the assigned tasks
patient, family and caring staff	relationship with a patient	 He/she knows strategies and techniques in the relation with a patient 	 He/she can recognise the relationship dynamics according to the characteristics of the person



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Unit of Learning	Learning Outcome	Knowledge	Skills/Attitude
	Respecting the individual's self- determination	 He/she knows elements of human psychology in different periods of life and in case of disability 	 He/she can recognise the general conditions of the patient (psycho-physical, social) He/she can recognise the persons who are important to the patient He/she can foster the patient's autonomy
	Applying techniques of welcoming, presenting and informing about role and service	 He/she knows theories and techniques of verbal and non- verbal communication 	 He/she can welcome the patient and his family, can counsel and foster their access to services He/she can organise and take part in events of socialisation and entertainment, providing support for the participation in cultural and recreational activities at home or on the territory
Communicating and relating with patient, family and caring staff	Using techniques to involve the patient and his/her family in realising the assistance service in daily life context	 He/she knows theories and techniques of verbal and non-verbal communication He/she knows techniques to communicate properly with different types of clients 	 He/she can relate with patients and family, communicating empathically in all activities of daily living assistance, can reply thoroughly involving and stimulating the dialogue He/she can observe and identify potentially critical situations He/she can relate with the patient and with the family assistant to set a climate of collaboration with respect to the established interventions He/she can advise the caregiver about the best ways to carry out interventions to support daily life He/she can operate using communication methods according to different cultural contexts, to different situations of care and in case of decrease of the patient's communication skills (aphasia, hearing loss, cognitive deficits, altered sensorium)



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Family Assistant/Caregiver

Unit of Learning	Learning Outcome	Knowledge	Skills/Attitude
		 He/she knows workers' rights and duties and relative social institutions 	 He/she can relate with local services (doctor, municipal offices and their functions)
		 He/she knows the main bureaucratic, social and sanitary procedures 	 He/she can manage into the relative labour market (cooperatives, trade unions, social security institutions)
	Placing oneself in organisational,	 (requiring of health vouchers) He/she knows the main local socio- 	 He/she can make purchases and run errands

Carrying out the family assistant role within the	social and institutional contexts	•	sanitary services and ways of access (to health-care homes and day-care centres) He/She knows responsibilities of the family assistant	•	He/she can exercise his/her rights and duties at work He/she can organize his/her own work
living context of the		•	He/she knows elements of	•	He/she can apply house cleaning techniques
assisted person			environmental hygiene	•	He/she apply laundry hygienisation techniques
		•	He/she knows safety and	•	He/she can handle clothes and wardrobe
			prevention procedures at home	•	He/she can make bed
		•	He/she knows products, tools and	•	
	Cooperating with cooking and		techniques for environment cleaning and hygiene		He/she can make home spaces functional respecting the person's needs
	housekeeping	•	He/she knows elements of cooking and dietetics	•	He/she can apply safety procedures in the home
		•	He/she knows the main recipes	•	He/she can organise his/her own working

	and menus of Italian cooking		activities
		•	He/she can apply methods of cooking and food conservation, respecting the person's habits



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Unit of Learning	Learning Outcome	Knowledge	Skills/Attitude	
Direct physical and psychological support to the assisted	Taking care of the non-self- sufficient person, recognising needs and conditions	 He/she knows psycho-physical characteristics of individuals with different levels of self-sufficiency He/she knows elements of dietetics and diet therapy He/she knows techniques to handle and stimulate residual capabilities He/she knows techniques of personal hygiene He/she knows local cultural/leisure services and ways of access He/she knows techniques and equipment to transfer the patient on mobility chairs and risks in case of wrong procedures He/she knows techniques for right postures and positioning of the patient 	 He/she can apply first aid techniques, waiting for professional people He/she can apply techniques to facilitate the patient's He/she can apply techniques to facilitate the person's dressing up He/she can apply techniques to help the person eat He/she can apply techniques to help the person with bathing and grooming He/she can apply techniques to help the person with personal hygiene He/she can apply procedures to take prescribed medications properly 	
	Relating and communicating with the person, his/her household and the caring staff in organisational,	 He/she knows communication 	 He/she can apply techniques to facilitate social integration He/she can manage relations with the family He/she can encourage the family network being involved to the improvement of the patient's welfare He/she can handle emotions (stress) He/she can correctly communicate with health operators in case of emergency He/she can use different communication modalities He/she can understand the person's and the family's requests He/she can work with discretion, respecting the rights and needs of people in fragile conditions 	



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Unit of earning	Learning Outcome		Knowledge		Skills/Attitude
		•	He/she knows ethical aspects and laws related to the assistance to patients affected by Alzheimer's disease	•	He/she can apply correct ways of managing daily life He/she can apply simple techniques of cognitive stimulation
		•	He/she basically knows the illness and its evolution	•	He/she can apply techniques to assist patients with food and fluid intaking
	Taking care of a person affected	•	He/she knows the specific techniques related to Alzheimer's disease:	•	He/she can apply techniques to manage serious behaviour problems
	by Alzheimer's		elements of personal hygiene, food	•	He/she can apply techniques to better the

Taking care of non-self- efficient people	disease and senile dementia	education, dietetics and diet therapy, safety rules, handling of residual capabilities, communication and social and educational assistance	 home space and safety He/she can apply communication and relation techniques with an Alzheimer's patient and an elderly person affected by senile dementia He/she can identify physical and psychological needs and problems as well as assistance and health problems He/she can recognise signs and symptoms of illnesses typical of elderly age and of Alzheimer's disease at different stages
(at different levels)		 He/she knows legislative and ethical aspects of the work with ALS patients He/she knows techniques to check parameters (temperature, pressure, oximetry) 	 He/she can apply personal hygiene techniques He/she can applying mobility techniques and right positioning in bed He/she can apply techniques to support the patient in his physical needs
		 He/she has a basic knowledge of the illness and its evolution 	 He/she can apply techniques to help the person eat
	Taking care of a person affected		
	by ALS disease	 He/she knows elements of personal hygiene 	 He/she can apply techniques to help the person communicate
		 He/she knows how to transfer patients to mobility chair and bed positioning 	 He/she can manage emergencies waiting for professional healthcare operators
		 He/she knows how to prevent and care skin lesions He/she knows regulations about 	 He/she can use technological devices to manage the patient at home and control the environment
		sanitary and ordinary assistance and responsibilities of the assistant	 He/she can valuate useful and necessary aids He/she can watch over patients
		 He/she knows specific communication techniques with ALS patients 	 He/she can operate respecting the profile's duties and responsibilities
		 He/she knows how to use aids 	



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Unit of Learning	Learning Outcome		Knowledge		Skills/Attitude
Organisation of the environment: spaces and needs	Keeping the house tidy and cosy and equipping the rooms children's needs	•	He/she knows elements of environmental hygiene He/she knows safety and prevention at home	•	He/she can apply modalities of organising places for children He/she apply safety procedures in places for children He/she apply rooms cleaning techniques He/she can apply techniques to take care of toys
Childcare	Taking care of the children aged 0- 3 years and promoting their socialising		He/she knows elements of social and educational assistance, with reference to private service standards He/she knows elements of personal hygiene He/she knows elements of paediatric first aid He/she knows elements of child psychology He/she knows elements of paediatric nursing	•	He/she can apply welcoming techniques with children aged 0-3 years He/she can apply techniques for playing activities with children aged 0-3 years with empathy and patience He/she can apply techniques to prepare food He/she can apply first aid techniques He/she can apply supporting techniques to serve meals to children aged 0-3 years with patience He/she can apply techniques for hygiene and care of children aged 0-3 years



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Annex

Fondazione CEFASS (IT) is the not for profit foundation of Eupolis Lombardia, the Regional Institute for Research, Statistics and Training of Public Administration. In accordance with its public mission, CEFASS aims at providing applied research, training and consultancy in the fields of social affairs, employment, education, VET and public health care (http://www.cefass.eu/)

Fondazione IKAROS (IT) is a certified VET and job services provider, operating in the field of lifelong learning. IKAROS is active in the provision of a wide range of training activities, as well as of labour market services, research end innovation. It offers since 8 years recognised training courses in the field of personal care and social work. Fondazione IKAROS received an Excellence Label from Lombardy Region in 2010 (http://www.fondazioneikaros.org/)



IKAROS Formazione Società Cooperativa Sociale (IT) is based in Bergamo and it operates mainly in the Lombardy Region in the field of vocational training and education sector and job service provision. Thanks to high qualified human resources, it supports Fondazione IKAROS in the implementation of local and international projects (http://www.fondazioneikaros.org/)

Federsolisarietà Nazionale (IT) is an organisation of Confcooperative representing social cooperatives, mutual and social enterprises. Federsolidarietà represents its members in institutional negotiations and it promotes member institutions through a consortium system. It currently gathers 5.600 cooperatives operating in all areas of social, health, education and business. Federsolidarietà is member of the CECOP -European Confederation of Cooperative and Worker-Owned Enterprises Active in Industry and Service

<u>(http://www.federsolidarieta.confcooperative.it/default.aspx)</u>







CISL BRIANZA (IT) is a regional branch of CISL (national trade union), widely represented in Italy (20 regional, 101 provincial, and 10 local sites). It includes ANOLF CISL which promotes social inclusion of migrants and it is involved in immigration policy development. ANOLF cooperates at the European and national level with institutions, political organisations, trade unions and associations in social promotion initiatives and covers an important role in the Permanent Forum of the Third Sector (http://www.cislbrianza.it/)

NQA (RO) is a public institution subordinated to the Ministry of Education, Research, Youth and Sport. The main tasks of NQA are the development and implementation of NQF, of criteria/procedures for the certification and recognition of qualifications, of criteria/procedures for the development of occupational standards, of methodologies, instruments and procedures for the validation of learning outcomes acquired in non-formal and informal contexts (http://www.cnfpa.ro/)

TILS Romania (RO) is a private organisation operating in Romania since 2007. TILS was established with the aim of transferring expertise and bringing the know-how acquired by its experts at the international level in the field of consulting and professional training. The main areas of activity covered by TILS are the design and implementation of European, national and regional projects for the economic, local and human resources development, and the technical assistance for public and private clients on operational programmes funded by EU Structural Funds (http://www.tils.ro/eng/chi siamo.htm)



Foundation for Social Innovation Centre (PL) is an initiative launched for the development of self-governmental institutions, associations and foundations operating in the area of social assistance. Its activities focus on the development of local communities in Greater Poland. It provides assistance and support to individuals and groups with problems affecting their daily life through professional vocational guidance, improving social abilities and developing interpersonal skills (http://sic.to/indexpl.php)



Volkshochschule im Landkreis Cham e.V. is a non-profit association specialised in lifelong learning education. The main focus is set on the health

sector, with job-oriented education for nursing personnel, physiotherapists, doctor's assistants and carers in order to facilitate career opportunities and to adapt the students' competencies to the standards and requirements of the European labour market (http://www.vhs-cham.de/)

Associated Partners



ANOLF CISL (IT) is a national association, promoted by CISL (trade union), which promotes social inclusion of migrants and is involved in immigration policy development. It cooperates at the EU and national level with institutions, political organisations, trade unions and associations in social promotion initiatives and covers an important role in the Permanent Forum of the Third Sector (http://www.anolf.it/)



KERIGMA is a society managing a residence for mentally ill people in Bergamo (IT). It employs social and health care workers, in particular socio-assistance assistants and care operators and it will be therefore participating in the piloting phase of the project.

Soc. cooperativa Sociale



Useyourmind (DE) is a SME specialised in post-graduate training and research on lifelong learning issues. UYM works for the business world providing tools and innovative approaches for human resources development. UYM expertise focuses on supporting the reintegration and career planning and development of unemployed people, with particular regard to young people and adults over 50 (http://www.useyourmind.de/)







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